

EXHIBITION CATALOGUE

3 MAY 2024 - 14 JUNE 2024

EMBRACE

CHRISTINA WONG

Hillside House

ARTIST STATEMENT



Christina Wong

"the warmest light is your body."

-Nayyirah Waheed, salt.

The embrace is a natural empathetic response to emotion, and the yearning for a hug is a normal desire for human touch; it is a biological healing action. A hug releases oxytocin in the body, which creates feelings of warmth, wholeness, relaxation, and joy. 'Embrace' was inspired by Wong's aspiration to contribute to advocating the importance of mental health in The Bahamas. This pursuit has encouraged her to research more about the complexity of human behavior and the influence of human interaction. This exhibition addresses the need for human touch and the power it has to heal.

Wong believes that we are a soul and spirit living in a body and that our existence transcends space and time. This is seen through her use of circles, which symbolize the essence of a person, and her avoidance of the norms of contextualization. She illustrates the adaptability of humans and their innate need for and aversion to change. Both negative and positive feelings are proof of our humanity, and she intends to evoke distinct emotions in her use of flora and color.

This body of work is layered with empathy, the desire for peace, and an immeasurable amount of love. The purpose is to dispel common misconceptions surrounding mental health and counter arguments against counseling and treatment. Embrace is a haven for all those who seek to be vulnerable.

EMBRACE | CHRISTINA WONG

EMBRACE, 2024

36" X 60"

Acrylic on Canvas

SOLD



MY BROTHER'S KEEPER, 2024

30" X 40"

Acrylic on Canvas

SOLD

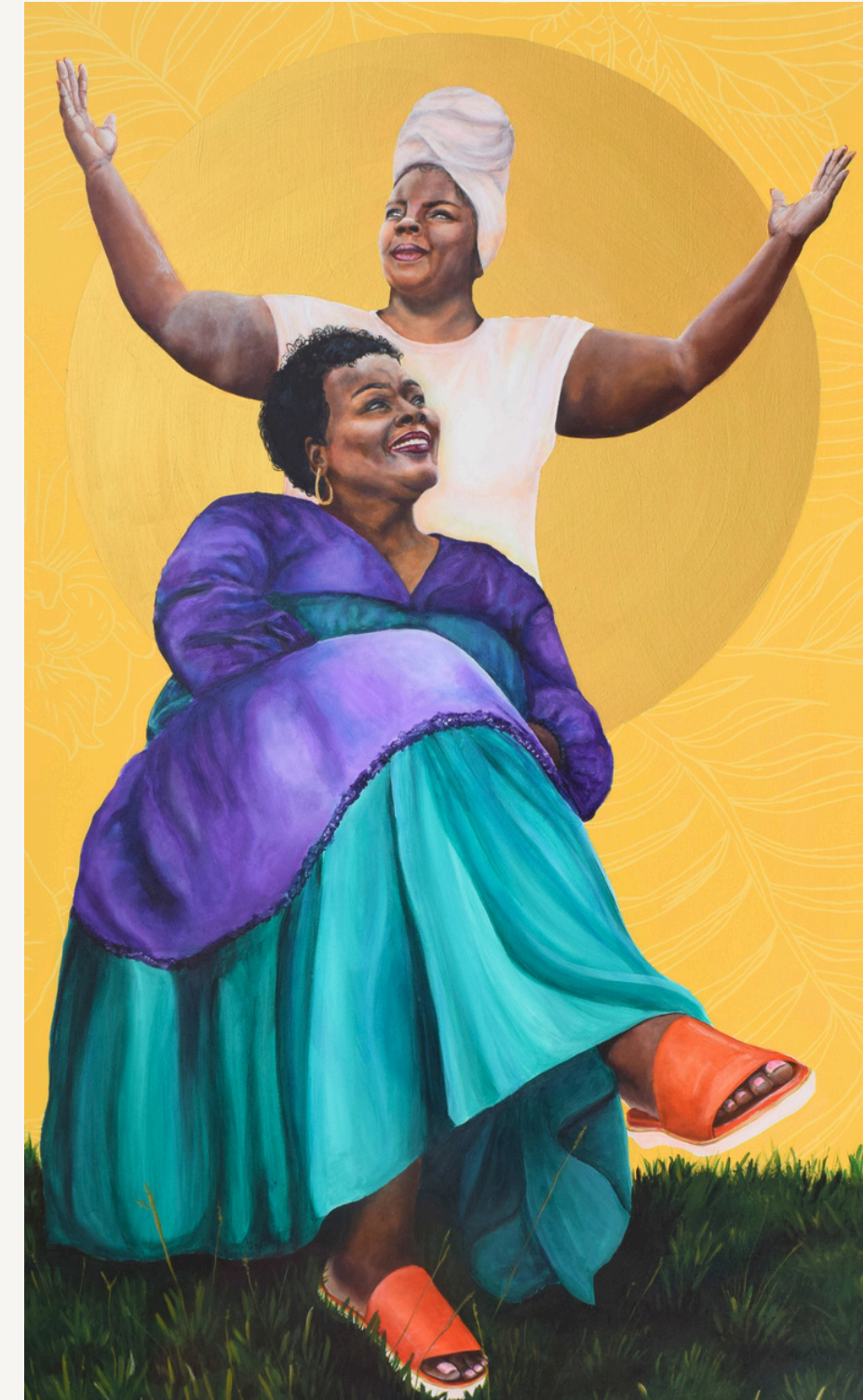


EMBRACE | CHRISTINA WONG

CHERISHING DAWN: A LIFE
EMBRACED, 2024

60" X 36"

Acrylic on Canvas



EMBRACE | CHRISTINA WONG

I WILL ALWAYS , IN ALL WAYS LOVE
YOU, 2024

30" X 30"

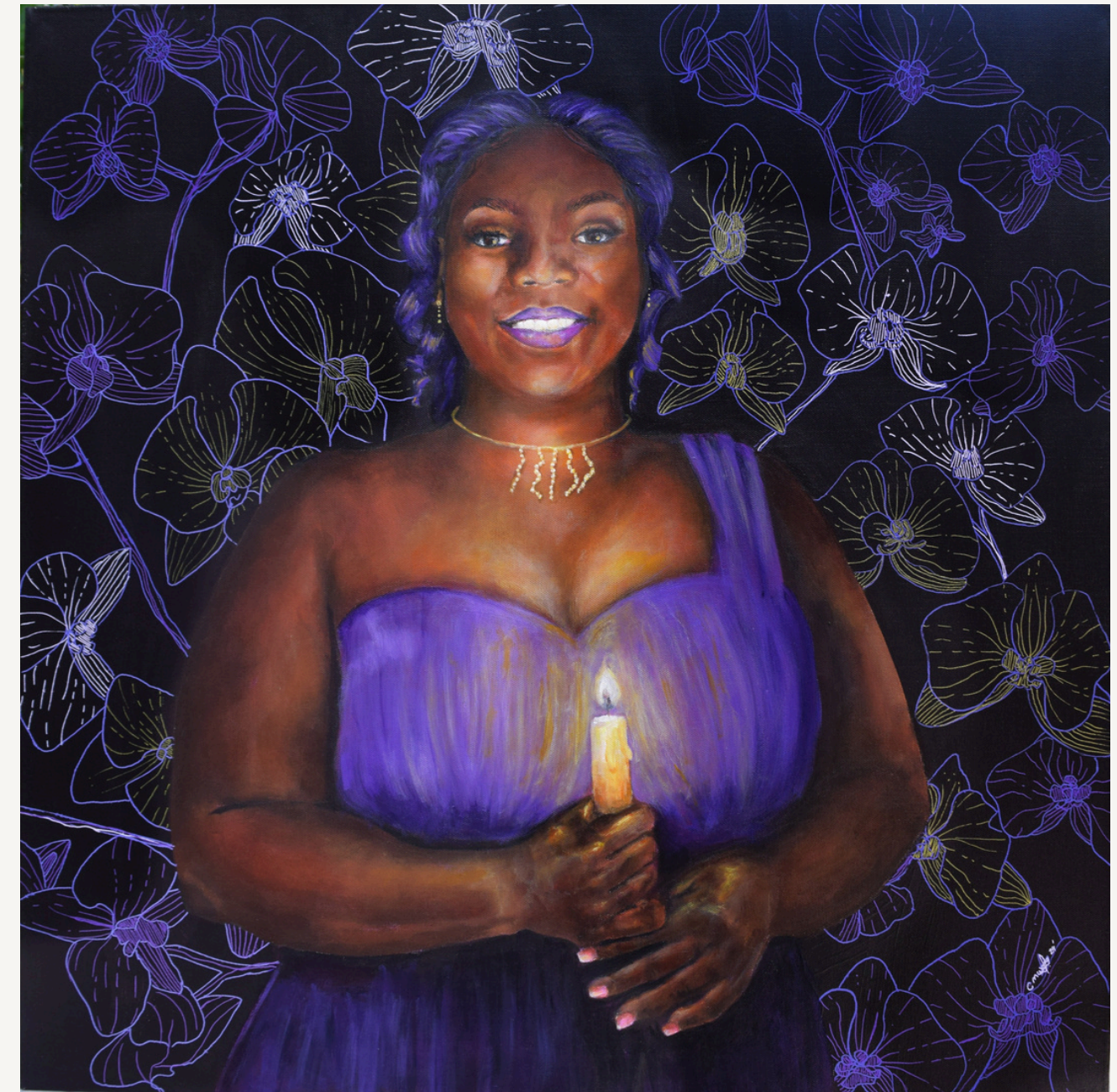
Acrylic on Canvas

SOLD



EMBRACE | CHRISTINA WONG

KNOW THAT YOU ARE LOVED, EVEN
IF YOU DON'T LOVE YOURSELF,
2024
30" X 30"
Acrylic on Canvas



BEY. I GOT YOU!, 2024
8" X 8"
Mixed Media on Canvas
SOLD

GYAL. I GOT YOU!, 2024
8" X 8"
Mixed Media on Canvas



MY COMFORT: WE NEED EACH OTHER, 2024

5" X 5"

Mixed Media on Canvas

SOLD

I FEEL PROTECTED, 2024

5" X 5"

Mixed Media on Canvas



TO INFINITY AND BEYOND: ETERNAL
2024

5" X 5"

Mixed Media on Canvas



FOR THE LOVE OF SELF: I AM
HEALING, 2024

5" X 5"

Mixed Media on Canvas



If you'd like to reserve a piece of artwork or to schedule a personal visit of the exhibition, don't hesitate to get in touch.

Hillside House

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